„Music from Ice to Lake" – Camp 2025

Hands-on & Hiking

1. **Participants**
   Age: 19 – 25 years; max. 20 participants; 2 participants per country.

2. **Condition / Requirements**
   Good physical condition and possibly musical ability.
   Hiking tours lasting 4 – 6 hours on sea level between 1500 m – 3000 m during the first week.

3. **Accommodation**
   Youth Hostels and similar.
   Director of the camp: Nadja Klaus

4. **Arrival at Youth Hostel Zurich**
   Saturday 2nd of August 2025 latest 4.00 pm
   Airport pick-up at Zurich Airport (guided and accompanied by members of Rotaract/Rotary).
   Please provide your complete travel details for arranging pick-up at the airport to the following email address: camps@rotaryswissyep.ch.

5. **Departure:** For all participants: **Sunday 17th of August 2025**
   For those who go via Airport Zurich, please take about 45 min transfer time into account.

6. **Camp Payment**
   We ask for a camp fee of CHF 300. With participation confirmation we send you an invoice due within 30 days.

7. **Insurance**
   Participants from EU-Countries: European Insurance Card
   Participants from outside of EU: CISI Bolduc. Here is the link, where you can buy this insurance directly:
   https://www.culturalinsurance.com/rotary/rotary_plan_options.asp (Plan B, up to 1 month, fee USD 76).

8. **Contact**
   If you need any further information, please contact:
   Meg Elmiger: Phone +41 (0) 56 426 50 58

9. **Application**
   Please send the Application Form to Meg Elmiger, no later than 30th of April 2025.

Geschäftsstelle
Gustav Zeiler-Ring 10
CH-5600 Lenzburg

Phone: +41 56 426 50 58
E-Mail: office@rotaryswissyep.ch
Website: www.rotaryswissyep.ch

Camp description “From Ice to Lake” - Hands-on for sustainability

Together with around 20 young people from all over the world, we will show you **the incredible diversity of our beautiful Switzerland** and get to know country and people with a special connection to the topic of water. In addition, we will **hike** to reach some special places and high mountains, like the Morteratsch and the Diavolezza Glacier and have some special experiences there. We will prepare a new construction site and objects for the glacier garden (3 days) at the **Cavaglia Glacier Garden** (UNESCO World Heritage), as a meaningful **contribution to sustainability**. We will also use the water partly for transport and above all for sporting activities.

Music “From Ice to Lake”

If you play a musical instrument and would like to contribute to climate protection for **the magical glacier world**, you are also very welcome as a **musician.** Bring a typical piece of music (folk) from your home country and your **own music instrument**. Three months before the camp, we will collect the tunes with sheet music and audio files and share it, so that everyone can prepare. During the camp, we will make music every day with our ad hoc band and perform again and again on the journey to Lake Constance to **melt hearts instead of glaciers with our international music.**
Playing an instrument is not a requirement for participation in this camp.

Water is Switzerland's only raw material. What you can do with it and what the Swiss have made of this medium and what has been created around the theme of water, you will find out as part of a round trip. Switzerland is one of the most important sources of water in Europe. Its rivers, fed by mighty glaciers, flow from the North Sea across the Mediterranean to the Black Sea. Water as a raw material is the most important materiel for every existence and the basis for many branches of industry, from energy production, water treatment and tourism.

Interested? Then sign up now!