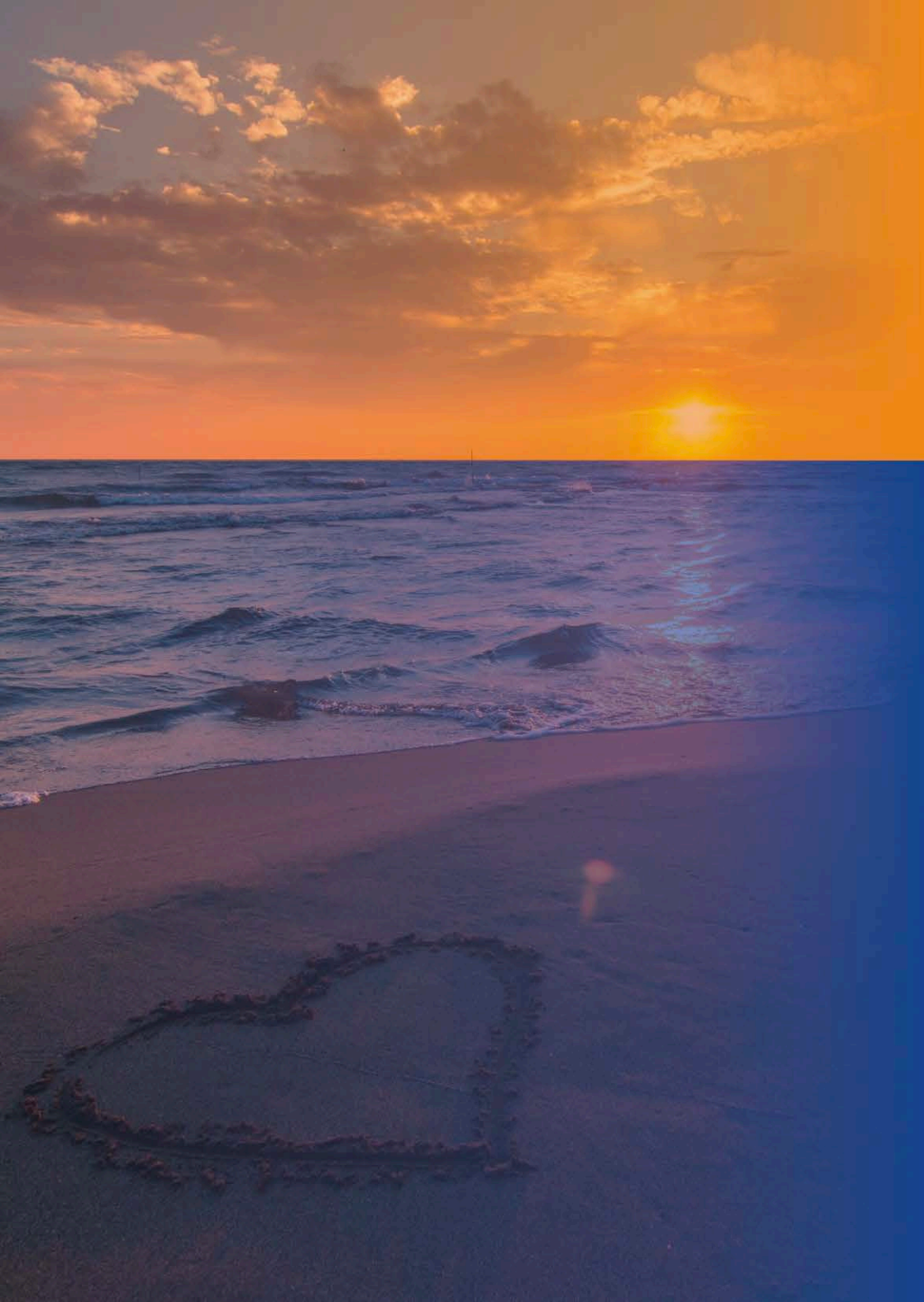

SUMMER CAMP SCHEDULE

APULIA BETWEEN NATURE AND ENERGY

Rotary

DG 2120 - 2023/24 Vincenzo Sassanelli

APULIA BETWEEN NATURE AND ENERGY

Apulia is one of the leader region in green energy production. Participants will have the chance to:

- **visit one of the most important European framework of alternative (eolic, solar, biomass) and fossil energy production;**
- **experience wind as the main energy driving commerce and transport in the mediterranean area since the phenician time;**
- **enjoy the marvelous natural beauties (sun, sea, parks) that characterize our territory;**
- **discover the wonders of Apulian architecture: Apulian "Romanico" (Romanesque), Salento Baroque, Masserie, Towers and medieval castles;**
- **visit the most famous destinations of world tourism (Polignano a Mare, Trani, Martina Franca, Alberobello, Salento and Gargano coast,...);**

Arrival in Bari - Karol Wojtyla Airport (BRI): 06.07.2023. - A Rotary Club representative will welcome arriving participants.

Departure from Bari - Karol Wojtyla Airport (BRI): 20.07.2023. - A Rotary Club representative will take participants to the airport and will provide assistance.

Hosting District: District 2120 of Rotary International (Apulia and Lucania - Italy)

Number of participants: 12 participants will be admitted trying to keep a gender balance.

Required skills: all participants must be able to swim.

Age: participants must be 18 – 21

Language: english

Fee: a participation fee of € 650,00 (net of bank commission) will be required (food, transfers and accommodation included). The trip to and from Bari – Italy is not included in the fee.

Pocket money: a reasonable amount of pocket money will be required for all extra expenses (visits, beverages, ...)

Clothing: summer time in Apulia is quite hot so light casual clothes are recommended except during Rotarian meetings (an elegant jacket will be required): sneakers, swimsuit, flip-flops, t-shirts, beach towel, light sweater, etc.

Insurance: a full personal insurance will be required against illness, injury, trip accidents and third-party liability according to Rotary International recommendations

COVID 19: according to Rotary International recommendations.

Application Deadline: 2023, May 31st

Rotarian meetings and events:
July 6, 2023: Peace Concert – Welcome meeting with Rotaract and Rotary members (casual clothing allowed)
[To be arranged] : Meeting with Rotaractors (casual clothing allowed)
[To be arranged] :Meeting with Rotary members of different Clubs (formal clothing may be required)

SCHEDULE

July 06, 2023 (thursday)

Arrival and welcome in Bari Karol Wojtyla Airport (BRI) or Bari "Centrale" Train Station; accomodation in the Murat district in Bari. Afternoon dedicated to the visit of the Old Town or a walk along the beautiful seafront, one of the longest in Italy.
"Welcome Ceremony" in the evening during the "Peace Concert": meeting of Rotarians, Rotaractors and Interactors. Dinner after the Cerimony.

Departure to Polignano a Mare. Perched on the edge of a high cliff rising from the Adriatic Sea is one of the most spectacular and popular locations on the Apulian coast. The historic core is an expanse of white houses of medieval origin clustered on the cliffs. You can get lost in the narrow streets of Polignano, sooner or later you will land at an overlook to the sea and the surprise effect will be even greater. You will find the 13th century Chiesa Matrice, the Marchesale Palace, home of the feudal lords, the Orologio Palace and 4 defensive towers. The most photographed place is the turquoise-water beach, Lama Monachile: the bridge behind it is built over the Roman Via Traiana, the Rome-Brindisi road of antiquity.

Lunch Bag

July 07, 2023 (fryday morning)

July 07, 2023 (fryday afternoon)

Visit of Alberobello, a village in the heart of the Murgia recognised as a World Heritage Site for its characteristic historic centre entirely made up of trulli (typical dry-stone dwellings whitewashed with quicklime and made immediately recognisable by their cone-shaped roofs). The Rione Monti is the oldest area of the town, while in the Rione Aia Piccola are Casa Pezzolla, a complex of 15 trulli now housing the Museum of the Territory, and the Trullo Sovrano, where shows and concerts are organized.
In the late afternoon we will arrive in Locorotondo and have dinner in a typical "braceria". You will enjoy the breathtaking view of this round village with its twinkling lighting. Perched on a plateau in the Murge dei Trulli, the village of Locorotondo, was built around the year 1000 following the natural round shape of the top of a hill.
After dinner we will arrive in Martina Franca for overnight stay

July 08, 2023 (saturday morning)

Visit of Martina Franca a stunning architectural complex of baroque buildings (Palazzo Ducale, Palazzo Martucci, Palazzo dell'Università, Palazzo Motolese, Palazzo Maggi, Palazzo Ancona, Basilica di San Martino). Built on the eastern hills of the Murge plateau, equally distant from Ionian and Adriatic sea, its name is derived from the devotion to Saint Martin and the tax exemption offered by Filippo d'Angiò.

Lunch Bag

July 10, 2023 (monday morning)

Free morning to be spent to the beach: the Ionian sea offers wonderful beaches with clear turquoise water that will blow your fantasy (lunch on the beach)

We will reach the "Masseria del Duca" - Crispiano: located just 20 km away from Taranto, the "Masseria del Duca" is a fascinating XVI century farmhouse with its 400 acres of land where energy is self produced in a sustainable and efficient way in order to optimise greenhouse gas savings and maintain ecosystem services. Biomass is derived from organic material such as trees, plants, and agricultural and urban waste. Biomass for energy (bioenergy) continues to be the main source of renewable energy in the EU, with a share of almost 60%. In the "Masseria del Duca"

you will also discover how dairy products are processed starting from the cow! You will taste the real original fresh "mozzarella" just churned out by the "Mastro Casaro" and many other fresh or seasoned cheese.

Cheese and mozzarella based lunch bag.

In the late afternoon we may have enough time to visit the stunning Castle of Oria or the intriguing pottery production based on the handicraft tradition handed down from father to son in the small city of Grottaglie.

Dinner in Oria or Grottaglie

July 10, 2023 (monday afternoon)

July 08, 2023 (saturday afternoon)

We'll leave for Taranto and enjoy a guided visit of the "MArTa" (Museo Archeologico di Taranto). Hosted inside the former convent of the Alcantarini friars is one of the major international museums focused on the history and civilization of Magna Grecia. You will not miss the figurative ceramics masterpieces, the tomb of the athlete and the Hall of Gold full of goldsmithing artworks. Beyond guided tours the MArTa offers also educational workshops and various activities such as digital craft laboratories with 3D printers and scanners, laser cutting machines, robotic kits, ...

Dinner in a typical Mediterranean "Trattoria"

We will enjoy a sunny trip on a sailing boat and we'll visit the first offshore 30 MW wind farm of the Mediterranean Sea. Located near the Taranto harbour, the wind farm provides about 55,600 MWh of electricity per year, enough to meet the demand of around 18,500 households. An expert of renewable sources will go trough opportunity of these endless energy: wind turbines harness energy from the wind using mechanical power to spin a generator and create electricity. Not only is wind an abundant and inexhaustible resource, but it also provides electricity without burning any fuel or polluting the air. But we'll also enjoy a sun bathing on a beautiful sailing boat to relax and we'll swim in the stunning Ionian sea often followed by dolphins! (Lunch on boat)

July 09, 2023 (sunday)

July 11, 2023 (tuesday)

Transfer to Porto Cesareo: established as part of Magna Grecia, is a small village sitting on a prestigious part of the Ionian coast, enjoying a long stretch of beach and sparkling clean seas. The popular seaside resort has an amazing 17 kilometers of golden beach facing an archipelago of low-lying islands that form a protected bay. The water is calm and clear. Porto Cesareo is also the home of a nature preserve that is a marine protected area rich in flora and fauna with very rare species. Underwater excursions allow for viewing of the unique coral formations, turtles, sea horses, and other marine life. Porto Cesareo has a beach-town atmosphere with loads of restaurants, cafes and some discos.

Lunch by the sea

Dinner

Excursion to the heart of the Regional Park "Porto Selvaggio and Palude del Capitano". This is a 1000 acres protected area stretched along the Ionian sea with small pebble or sandy beaches and protected by a fresh pine forest; freshwater springs poor into the clear light blue sea not far away from the cliff of Torre Uluzzo situated at the upper end of the park. Porto Selvaggio has been awarded the 4 Sails (a flag awarded to the most beautiful beaches)
by Legambiente (Italian environment protection association).

Lunch bag by the sea

Dinner in Porto Cesareo

July 12, 2023 (wednesday)

July 13, 2023 (thursday)

In the morning you will be free to go to the beach.

Lunch on the beach

Tour of Lecce. Lecce is the Baroque masterpiece of Italy and stupefies tourists with its little-known magnificence, its noble palaces and undeniable beauty of its numerous churches. In 2010 the city has been listed in "Best in Travel 2010" by Lonely Planet. Lecce is built of a kind of stone dug from the surrounding land and called "pietra leccese" (literally stone from Lecce), a light yellow, soft, compact and easily workable limestone. More than the architects, it was the local craftsmen who left their mark in this city, working the stone and letting their ideas run wild especially when designing the facades and creating marvelous compositions made up of animals, birds, monsters, cherubs, flowers and fruit.

Transfer to the Adriatic side of Apulia near Melendugno

Dinner by the sea

July 14, 2023 (fryday afternoon)

Tour of the landing area of the Trans Adriatic Pipeline (TAP). The pipeline starts at the Greece-Turkey border at Kipoi, Evros, where it is connected with the Trans-Anatolian gas pipeline. It crosses Greece, Albania and the Adriatic Sea and comes ashore in Italy near San Foca- Melendugno. The total length of the pipeline is 878 kilometres (546 miles). The offshore leg is laid at a maximum depth of 810 metres. The initial capacity of the pipeline is 10 billion cubic metres of natural gas per year but it will be expanded up to 20 billion cubic metres. We'll have the opportunity to understand benefits and drawbacks of using fossil source to produce energy.

We will move to Bari (the capital town of Apulia) to visit the Old Town (Bari Vecchia). In Bari the old quarter is preserved as it was several centuries ago. This ancient city can trace its roots back more than 2,000 years when it was founded by the Peucetii tribe. It then grew in importance under the Romans who developed its harbour. The Old Town sits on a peninsula. This area is surrounded by the sea on two sides and the neat grid of streets of the 19th century "Murat district" on the land side. You will probably stumble upon the Cathedral of San Sabino, a 13th century Romanesque cathedral with its ancient relics, one of Bari's most important attractions. You may also enjoy the Norman Castle and St Nicholas Cathedral (XI-XII century) another stunning example of "Romanico Pugliese"; you may go through Via Venezia, a part of the city walls that skirts the edges of the historic centre, to have a look to the waterfront and imagine the threat of enemies' sieges coming from the sea. You may end up in the Piazza Mercantile packed with restaurants, cafés, bars and a swarm of people.
Lunch and dinner in Old Town

July 15, 2023 (saturday)

July 14, 2023 (fryday monday)

in the morning you will be free to go to the beach in Torre Specchia. Torre Specchia, is one of the Marinas of Melendugno, in the Salento area: a charming seaside resort that has been awarded several times over the years with the Blue Flag of the Foundation for Environmental Education. Founded as a fishing village, it has established itself with its beaches in the national tourist panorama, attracting visitors of all ages for years. The beach is composed of thin stretches of fine sand and cliffs on which it is possible to lie down or dive. There are many small coves that are never too crowded, not even in the summer months, and bathed by a wonderful crystalline sea that has an iridescent color ranging from turquoise to intense blue. Torre Specchia Ruggeri is an excellent spot for the practice of water sports such as kitesurfing, surfing and snorkeling because near the cliffs reside numerous species of flora and fauna to be admired with mask and snorkel, sea urchins in primis as they abound in near the offshore islets. In the immediate vicinity of the beach there is the Natural Reserve Le Cesine, an oasis protected by the WWF accessible and declared a special protection area. A curiosity: this seaside resort of Salento owes its name to an ancient coastal watchtower dating back to the 16th century built to warn the hinterland of Saracen raids.

Lunch on the beach

July 16, 2023 (sunday)

Move north to reach the last area of this tour: the Gargano' promontory. From Lonely Planet guide: "The coast surrounding this expansive promontory seems permanently bathed in a pink-hued, pearly light, providing a painterly contrast to the sea, which softens from intense to powder blue as the evening draws in. It's one of Italy's most beautiful corners, encompassing white limestone cliffs, fairy-tale grottoes, sparkling sea, ancient forests, rare orchids and tangled, fragrant maquis (dense scrub vegetation)." You will be accommodated in the Seaside Village called "Pugnochiuso" located on the eastern side of Gargano. Lunch box by the sea

In afternoon you are free for bathing and wathersport

Dinner

You may reach the St Michele Arcangelo (Archangel Michel) Sanctuary located in Monte Sant'Angelo just about 20 miles west. It is the oldest dedicated to Archangel Michel in Western Europe and has been an important site of pilgrimage since the early Middle Ages. The historic site and its environs are protected by the Parco Nazionale del Gargano. In 2011, it became a UNESCO World Heritage Site as part of a group of seven inscribed as "Longobards in Italy - Places of Power (568 - 774 AD)".

Dinner by the sea

July 17, 2023 (monday)

July 18, 2023 (tuesday)

In afternoon we will move to visit the Castle of Lucera and the Photovoltaic power station (one of the biggest in Europe) near Troia. Constructed in 1233 by Holy Roman Emperor Frederick II, the site of Lucera Castle was a former acropolis left from the Roman times. Much of the masonry was reused to construct new military fortifications. Lucera Castle held a strategic location overlooking Apulia plain. Between 1269 and 1283 Charles I of Anjou improved walls to the citadel.

In 1546 Lucera Castle was struck by an earthquake greatly damaging the walls and towers; subsequently military technologies made the castle obsolete. It fell in disrepair and its ancient stones in turn were taken apart for construction of new buildings. In 18th century was completely abandoned and since the 19th century the site went under protection of the state.

Nearby Troia there is the first and biggest 103MW solar farm in Italy. The new power plant saves more than 80,000 tons of CO2 emissions per year.

Italy's solar power generation capacity is one of the largest in the world, with its 22.56 GW putting it sixth, just ahead of Australia. In 2019, Italy set a national goal of reaching 50 GW by 2030. In 2022, Italy has added more than 3 GW of new capacity, which is the largest addition to solar energy generation since 2012.

July 19, 2023 (wednesday)

Visit of the beautiful small villages along the coast (Peschici, Vieste, ...). Vieste is a real gem of the Gargano's coast with its historic medieval centre, its characteristic fretwork of narrow alleys, steep stairways and thin stone arches. The small town is dominated by Fredrick II's Castello Svevo (Swabian Castle). This fortress, built over Angevin ruins high on the hill, watches over Vieste with its imposing dark brown silhouette. Also guarding the city is the Cattedrale dell'Assunta (Cathedral of the Assumption), a remarkable example of Romanesque architecture.

Dinner in one of the characteristic Fish Ostaria by the sea.

July 20, 2023 (thursday)

After breackfast Transfer to Bari depending of the flight schedule and departure for final destination

Hope see you soon!