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**SUMMER CAMP IN SAVONLINNA, Tanhuvaara, FINLAND 2022**

**District 1430**

**NAME:** Nature and Environment, Saimaa Lake District Experience 2.1.2022  
**WHERE:** Savonlinna area, [www.savonlinna.fi](http://www.savonlinna.fi), [www.juva.fi](http://www.juva.fi) and [www.rantasalmi.fi](http://www.rantasalmi.fi),  
300 km north-east from Helsinki, Finland.

**WHEN:** July 31<sup>st</sup> – Aug 13<sup>th</sup>, 2022  
Family Period July 31<sup>st</sup> – Aug 7<sup>th</sup>  
Camp Period Aug 7<sup>th</sup> – Aug 13<sup>th</sup>

**ARRIVAL:** Helsinki Vantaa Airport, July 31<sup>st</sup>  
Transportation to Savonlinna by minibus or private car

**DEPARTURE:** Helsinki Vantaa Airport, Aug 13<sup>th</sup>  
Transportation to Helsinki by minibus or private car

**PARTICIPANTS:** 16 participants, interested in nature and environment.  
**AGE:** 16 - 20 years

**PROGRAMME:** The camp consists of two parts. The participants will first spend one week together with the host families to get an idea of the Finnish way of life. During the camp week we all stay together in Tanhuvaara Sport Resort, [www.tanhuvaara.fi](http://www.tanhuvaara.fi), an attractive sport resort and recreation centre. We will learn about the specific nature and environment of the Saimaa Lake district around the town of Savonlinna and the nearby villages. The camp period is supervised by local guides and Rotarians.

**EQUIPMENT:** Your personal medication and suitable clothing for outdoor activities and hiking. The daytime temperature is typically between 15 – 25 °C. Water temperature is around 20 °C. Take your swimming suit with you.

**CAMP FEE:** 250 euros  
**OTHER COSTS:** Participants pay their own costs to and from Helsinki, plus 100 euros for minibus / private car transportation Helsinki - Savonlinna - Helsinki. The organizing Rotarians will meet the participants in Helsinki Airport and take care of the minibus / private car transportation. The participants shall have their own pocket money.

**COVID:** **All participants must have received at least two doses of COVID vaccination before arriving the camp. Student must include an official COVID Vaccination Certificate in her/his Application Form.**

**INSURANCE:** Participants must have a valid insurance policy in case of sickness and injury. We urge the student to purchase the insurance from [CISI Bolduc](#) which is approved by Rotary. Select "Plan B" from the offered options.

**APPLICATIONS:** The applicant must use the official Rotary Youth Exchange – Short-Term Exchange Program (STEP) Application form when applying to the camp. The deadline for the applications is 15th April, 2022.