

Rotary  
District 2240



rotary  
youth  
exchange



**SPONSOR CLUBS:** Rotary Club Žilina (SK) + Rotary Club Martin (SK)

## SUMMER CAMP 2020

### An Adventure in „SLOVAKIA“

- WHERE:** Žilina (Slovakia) – Northern Slovakia region  
Martin (Slovakia) – Northern Slovakia region
- WHEN:** July 8<sup>th</sup>, 2020 to July 21<sup>th</sup>, 2020 (week in Martin, week in Žilina)
- ARRIVAL:** Martin (Slovakia) - Wed, July 8<sup>th</sup>, 2016 after 0:00,  
Participants will be picked up by Rotarians:
- at Vrútky or Martin – Railway station – trains from Bratislava, Vienna, Prague, Katowice, Krakow
  - at Vrútky or Martin Bus Station – buses from Bratislava, Vienna, Prague, Katowice, Krakow
- Pick up from Vrútky/Martin stations will be provided by Rotary.
- DEPARTURE:** Žilina (Slovakia) – Tue, July 21<sup>th</sup>, 2020 by 21:00,  
Participants will be delivered by Rotarians:
- to Žilina Railway station – trains to Bratislava, Vienna, Prague, Katowice, Krakow
  - to Žilina Bus Station – direct buses to Bratislava, Vienna, Prague, Katowice, Krakow
- Transport to Žilina stations will be provided by Rotary.
- PARTICIPANTS:** 1 boy or 1 girl from each country, max. 14 participants,
- AGE:** 16 -18 years old. (Date of birth between July 31<sup>st</sup>, 2001 and June 30<sup>st</sup>, 2004)
- LANGUAGE:** English, other languages are welcomed
- ABILITIES:** Physical fitness  
- be able to ride a bike approximately 20 km a day (also hilly terrain) and operate a changing gear on a bike.

- be able to swim

**INSURANCE:** Each participant must have travel insurance, which includes such coverage as medical, emergency medical evacuation, repatriation of remains and legal liability with coverage from the time of the departure from home until the return home according to Rotary International Requirements (CISI Bolduc).

**FOOD:** Participants will try lot of typical Slovak meals. Participants **should not have** major food restrictions/diets (e.g. vegans, serious food allergies etc.).

**PROGRAM:** The hosting Rotary Clubs prepared a program of various interests, e.g. cultural tours, sightseeing (towns, castles, plants), sports (swimming, mountain hiking, cycling, climbing, bowling), Workshops (e.g. traditional cheese production), City game, etc.  
Participants will need both **swimsuits** and **good hiking equipment (boots etc.)**.

**ACCOMMODATION:** Rotarian families

**COST:** **50 € for the board, program activities, rental charges, etc.**  
The cost does not include flight/train tickets to arrival point and back. The air/bus/train ticket **to Martin/Vrútky** and **from Žilina** + insurance must be paid by the participants. They should also bring adequate pocket money (at least 50-150 €).

**All Applications & Register.: Application forms, pages 3 – 7 + Supplementary Page B,  
to be sent as a colour PDF file (max 4MB) before April 30, 2020**

## PROGRAM

12 full days of intensive sports and cultural activities

